



Standard for Healthcare Professionals Performing Non-Surgical Cosmetic Procedures

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1. Standard Scope

This standard is intended for healthcare professionals and healthcare providers who offer non-surgical cosmetic procedures (NSCP) in the Emirate of Abu Dhabi.

1.1 The standard aims to:

- 1.1.1 Define Non-Surgical Cosmetic Procedures (NSCPs).
- 1.1.2 Determine the minimum training requirements for professionals seeking to perform NSCP.
- 1.1.3 Outline the minimum requirements for patient education and public awareness on NSCP .

1.2 This standard must be read in conjunction with all relevant Abu Dhabi and UAE laws and regulations (listed under clause 8 – References).

2. Definitions and Abbreviations

No.	Terms and Abbreviation	Definition
2.1	Accredited Advanced Post-Graduate Training Program	Any post graduate training program that intends the acquisition of knowledge and skills in a specific clinical area that does not meet the National Institute of Health Specialties (NIHS) criteria for a specialty or subspecialty qualification. The training must be equivalent to the National Qualification Authority (NQA) ¹ level 8 or higher, where the obtained qualification (certificate) is granted after a summative assessment. The training program must be accredited by the country of origin's educational authority. ^{2,3}
2.2	Controversial Treatment	Any treatment that is not evidence-based, is still undergoing experiments, or is not part of the current standard medical practice.
2.3	Cosmetic Treatment (Aesthetic Treatment)	Any elective treatment or procedure performed to enhance or reshape the structures of the body, aiming to improve the patient's overall appearance and satisfaction (this excludes aesthetic procedures for reconstructive treatment).
2.4	DOH Permission	Permission granted by DOH to perform a NSCP and is obtained by applying through the TAMM portal.
2.5	Invasive Procedure	Any medical procedure that enters the body via an incision, percutaneous puncture, or instrumentation.
2.6	Minimally Invasive Procedure	Any surgical technique or procedure that limits the size of the incision(s) and the amount of soft-tissue injury during a procedure.
2.7	Non-Surgical Cosmetic Procedure (NSCP)	Any elective non-surgical cosmetic (aesthetic) treatment with a biological effect on the skin or beyond the skin's outermost layer that does not involve cutting beneath the skin but may involve piercing the skin with or without instruments or devices. <i>Note that many NSCPs are considered controversial treatments.</i>
2.8	Non-Surgical Procedure	Any conservative procedure that does not require an incision into the body or the removal of tissue.
2.9	Privileging	A process in which the healthcare professional is granted clinical privileges by the healthcare provider.

¹ NQA (2012). Qualifications Framework for the Emirates Handbook. National Qualifications Authority.

² QAA, 2014. UK Quality Code for Higher Education. Part A: Setting and Maintaining Academic Standards. The Frameworks for Higher Education Qualifications of UK Degree-Awarding Bodies.

³ OTHM 2021. OTHM Level 7 Certificate & Diploma in Clinical Aesthetic Injectable Therapies. Updated January 2023.

2.10	Reconstructive Treatment	A surgery or procedure that aims to restore the form, function, and normality of appearance through restoration, correction, or improvement in the shape and appearance of body structures that are defective or damaged at birth or due to injury, disease, growth, or development due to functional or psychological causes.
2.11	Surgical Cosmetic Procedure	Any elective surgical cosmetic (aesthetic) treatment that involves an incision into the body, cutting beneath the skin, or removal of tissue.
2.12	Surgical Procedure	Any medical procedure that involves an incision into the body or removal of tissue.
2.13	Tissue	A mixture of human organic compounds, such as cells and fibers, which do not form an organ and constitute altogether an anatomical entity consistent with the functioning of human tissue (such as epithelial, connective, muscle, and nerves).

3. Standard Requirements and Specifications

3.1 Non-Surgical Cosmetic Procedures Service Requirements

- 3.1.1 A Non-surgical cosmetic procedure (NSCP) is any procedure that meets the definition of NSCP in this standard and is performed for cosmetic treatment. (Supplementary Table 1 – Appendix 1 outlines a non-exclusive list of NSCPs).
- 3.1.2 Any cosmetic procedure that does not meet the definition of NSCP in this standard is classified as a surgical cosmetic procedure and should only be performed by specialized physicians whom the procedure falls within their scope of practice and who are appropriately licensed and privileged.
- 3.1.3 Only licensed and privileged healthcare professionals (as per this standard) may provide NSCP.
- 3.1.4 Patient selection and initial assessment for NSCP must be conducted by a licensed physician and include careful assessment for eligibility to undergo the intended procedure.
- 3.1.4.1. NSCPs must follow clinical practice guidelines in alignment with DOH [Guidelines for Standard Treatment Guidelines](#)⁴.
- 3.1.5 All patients undergoing NSCPs must be directed to take an informed decision related to their needs. The patient education regarding the intended NSCP must cover the nature, benefits, risks, complications, and expected outcomes in addition to the alternative options.
- 3.1.5.1. Patients must be provided with educational and awareness material on the NSCPs offered, detailing the risks, benefits, alternative treatments or interventions (including if none are available), the post-treatment care that may be required, and the evidence behind the NSCP.
- 3.1.5.2. The patient’s suitability for the pursued NSCP must be assessed by:
- Asking the patient if another healthcare professional has declined to provide them with NSCPs.
 - Assessing comorbidities and medical conditions that deem the patient high-risk for the intended NSCP.
 - Assessing any underlying psychological conditions (such as body dysmorphic disorder) that may deem the patient an unsuitable candidate for the NSCP procedure using a validated screening tool.
 - Decline to perform an NSCP if the procedure is not in the patient’s best interests.⁵
- 3.1.5.3. **Patient Counseling** must be conducted prior to any NSCP and shall include discussing and assessing the patient’s reasons and motivation for requesting the NSCP, including external reasons (e.g., a perceived need to please others) and internal reasons (e.g., strong feelings about appearance), and discussing the patient’s expectations of the NSCP.

⁴ Department of Health – Abu Dhabi, 2023. Guidelines for Standard Treatment Guidelines. DOH/GL/STG/V1

⁵ Medical Board of Australia, 2023. Guidelines for registered medical practitioners who perform cosmetic medical and surgical procedures.

- 3.1.6 All NSCPs must be performed in a licensed healthcare facility that maintains a safe environment and an immediate back-up once an emergency occurs. These facilities must host qualified personnel, functioning equipment, clinical guidelines, referral pathways.
- 3.1.7 All NSCP must be documented and kept in the medical records of the patient in alignment with relevant Abu Dhabi⁶ and UAE laws and regulations.
- 3.1.8 NSCP(s) that require general anesthesia must only be performed in specialized facilities that are licensed to provide General Anesthesia services.
- 3.1.9 **Special Requirements for Specific Patient Groups**
 - 3.1.9.1. NSCP may not be performed on pregnant patients.
 - 3.1.9.2. Breast-Feeding Patients must be assessed by an Obstetrics and Gynecology physician prior to any NSCP.
 - 3.1.9.3. NSCP may not be performed on patients under 18 Years of Age except for laser hair removal for patients 16 Years of Age and above (post menarche).
 - 3.1.9.4. These patients must be referred to a dermatologist or pediatric dermatologist.

3.2 Healthcare Workforce Requirements - Healthcare professionals seeking to perform a NSCP must fulfill the list requirements below:

- 3.2.1 Holds an active DOH license as one of the following:
 - 3.2.1.1. Consultant or Specialist physician
 - 3.2.1.2. General Practitioner (GP)
 - 3.2.1.3. Consultant or Specialist Dentist⁷
 - 3.2.1.4. Aesthetician (beauty therapist)
 - 3.2.1.5. Laser hair reduction technician
- 3.2.2 They must be trained and competent to perform NSCP(s) as per the following requirements:

Table 1: Education, training, and experience requirements for all healthcare professionals applying for any NSCP.

3.2.2.1 Education Requirements	Basic science and evidence-based practice principles relevant to aesthetics and non-surgical cosmetic procedures inclusive of all aspect of medical care.
3.2.2.2 Training Requirements	<p>Accredited advanced post-graduate training program⁸ that is designed on competency-based concept. The training must meet the following minimum criteria:</p> <ol style="list-style-type: none"> 1. A summative assessment of knowledge and skills to perform the NSCPs. 2. A curriculum structured to develop the medical knowledge and skills necessary to: <ul style="list-style-type: none"> - Perform the intended NSCP(s). - Manage related aspects of care. - Manage associated complications of the NSCP(s) 3. For NSCP(s) that require the use of devices or equipment, the training must include how to safely operate, troubleshoot, and maintain the device or equipment (while noting some devices or equipment require completion of an independent accredited training program). <p><i>Blended learning may be accepted only when the theory part was delivered online.</i></p>

⁶ Department of Health – Abu Dhabi, 2020. DOH Standard on Patient Healthcare Data Privacy. DOH/SD/SS/PHDP/0.9

⁷ Consultant or specialist dentist in dentistry specialties; this does not include general dentists.

⁸ As defined in this standard, Sub-clause 2.1 under Clause 2 Definitions.

3.2.2.3 Experience Requirements

A logbook with the intended NSCP(s) performed at a minimum of 20 procedures independently.

For further details, refer Supplementary Table 2 in Appendix 1 outlines a non-exclusive list of NSCPs and their privileging requirements.

- 3.2.3 Privileged to perform the NSCP(s) by the healthcare facility's privileging body in accordance with the [DOH Standard for Clinical Privileging](#)⁹ and this standard. (Supplementary Table 2 in Appendix 1 outlines a non-exclusive list of NSCPs and their privileging requirements)
- 3.2.4 Permitted by DOH to practice the intended NSCP(s). Application can be initiated through TAMM portal. Applications must include the additional NSCP Permission checklist (Form 1 - Appendix 2) signed by the Facility's medical director and chairperson of the privileged committee.
- 3.2.5 **Aestheticians (beauty therapists)** may perform certain NSCPs under the supervision of a consultant or specialist physician licensed and privileged in those NSCPs procedures.
- 3.2.6 **Laser hair reduction technicians** may only provide laser hair reduction treatments that are within their scope of practice. However, a licensed physician must do the patient selection and initial assessment.

4. Key stakeholder Roles and Responsibilities

4.1 Duties of Healthcare Professionals:

- 4.1.1 Healthcare professionals offering NSCP services must work within their scope of practice and granted privileges.
- 4.1.2 Healthcare professionals must not use titles that are different from their issued DOH license.
 - 4.1.2.1. Titles such as "cosmetic specialist or consultant," "aesthetic specialist or consultant," "cosmetologist," "beauty specialist or Consultant," "anti-aging specialist or consultant", and "cosmetic or beauty expert" are not recognized titles as per the UAE unified Professional Qualifications Requirements (PQR)¹⁰ and cannot be used.
- 4.1.3 Maintain professionalism, honesty and transparency with the patient and not make claims about their qualifications, training, or experience that could mislead patients by implying that they are more skilled than their certified qualifications and experience.
 - 4.1.3.1. Healthcare professionals must clearly inform the patient of:
 - (a) The DOH license title.
 - (b) The privileges granted to perform which NSCP.
 - (c) The healthcare professional's role during the procedure (supervising or performing under supervision).
- 4.1.4 Provide patients seeking NSCPs with appropriate counseling, complete assessment, and appropriate referral(s) to relevant specialties (when indicated) prior to, during, or after the NSCP(s).
- 4.1.5 Educate the patient prior to each procedure with accurate information about the intended NSCP(s), which shall include the nature of the procedure, the scientific evidence, the risks, benefits, and the possible complications, the expected results, and when to seek medical attention.
- 4.1.6 Encourage the patient to inquire about the NSCP(s) prior to obtaining informed consent and offer the patient the opportunity to reflect on the information provided.

⁹ Department of Health – Abu Dhabi, 2023. Standard for Clinical Privileging of Healthcare Workforce and Clinical Services. DOH/HCWS/SD/CLNPRVLG-CS/2, Version 2.

¹⁰ Unified Healthcare Professional Qualification Requirements, 2022, 3rd Version.

- 4.1.7 Obtain a written informed consent in accordance with relevant UAE legislations and DOH regulations prior to each NSCP that displays to the patient the site(s) for intervention (described or marked on a drawing) and includes the patient's knowledge and understanding of all risks, benefits, success rate, and any likely subsequent procedures necessitated by the intervention.
- 4.1.8 Ensure proper documentation for each non-surgical cosmetic treatment session undertaken.
- 4.1.9 Maintain a detailed portfolio of their training and a logbook of all NSCP procedures performed and their outcomes.
- 4.1.10 Deal with all routine aspects of care.
- 4.1.11 Assess for, diagnose, and manage complications during or after the procedure appropriately (either through intervention or referral to an appropriate treating physician or facility).
- 4.1.12 Establish a post-procedure care plan with the patient.
- 4.1.13 Continue to maintain the appropriate skills and knowledge to perform NSCP in accordance with relevant UAE laws and DOH regulations and standards.
- 4.1.14 Report any suspected Adverse Reaction, Medication error, or adverse event following non-surgical cosmetic procedures to DOH pharmacovigilance service through the online e-notification system on DOH website: <https://bpmweb.DOH.gov.ae/UserManagement/MainPage.html>

4.2 Healthcare Provider:

- 4.2.1 Work in accordance with the DOH Standard for Clinical Privileging and this standard when privileging healthcare professionals to perform any NSCP and only include NSCPs that are within the healthcare professionals' specialty scope and aligned with their competencies (**Appendix 1**).
- 4.2.2 Ensure the development and maintenance of clinical practice guidelines for the offered NSCPs in accordance with the DOH Guidelines for Standard Treatment Guidelines¹¹.
- 4.2.3 Develop and maintain patient education material relevant to the NSCP(s) offered and distribute it to the patient prior to any NSCP.
- 4.2.4 Ensure monitoring and evaluation systems are in place for all NSCPs performed that meet the minimum standards of patient care in accordance with relevant UAE laws and DOH standards and regulations¹².
- 4.2.5 Ensure that all products, equipment and devices used for the NSCP procedures are registered and utilize licensed products as per relevant Abu Dhabi and UAE laws and regulations.
- 4.2.6 Ensure all treatment equipment and devices follow international evidence-based safety standards and precautions as per manufacturer guidelines and in accordance with Abu Dhabi and UAE laws and regulations.
- 4.2.7 Ensure the testing of all equipment used for the offered NSCPs prior to use is documented and logged, with the re-testing period documented as per relevant manufacturer guidelines.
- 4.2.8 Ensure the training of professionals on all equipment and devices used in the offered NSCP is kept in records, audited regularly, and assessed for the need for additional training.
- 4.2.9 Maintain a record of all NSCPs performed at the facility and a log of any complications that developed secondary to the performed NSCP(s).
- 4.2.10 Conduct, document, and maintain records of annual quality and safety audits of NSCPs performed at the facility; set improvement plans for identified issues; and implement actions to rectify these issues.
- 4.2.11 Ensure honest and transparent marketing when marketing the offered NSCP at the facility in accordance with relevant Abu Dhabi and UAE laws and regulations.

¹¹ Department of Health – Abu Dhabi, 2023. Guidelines for Standard Treatment Guidelines. DOH/GL/STG/V1

¹² Department of Health – Abu Dhabi, 2020. DOH Standard on Patient Healthcare Data Privacy. DOH/SD/SS/PHDP/0.9

4.3 The Department of Health, Abu Dhabi

- 4.3.1 Updating and maintaining this standard.
- 4.3.2 Ensuring the implementation and monitoring of compliance with this standard.
- 4.3.3 Updating the published Healthcare Professionals List (Shafafiya List) to reflect the healthcare professionals who are permitted to perform NSCPs as per this standard.

5. Monitoring and Evaluation

- 5.1 A monitoring and evaluation framework is in place to evaluate the effectiveness, outcomes, and impact of this standard that includes audits inspecting compliance with this standard; and, where necessary, the framework shall adopt changes to ensure continuous improvement within the health system in line with emerging new developments in healthcare sciences, medical practices, and healthcare education and training.

6. Enforcement and Sanctions

- 6.1 Healthcare professionals and healthcare providers must comply with the terms and requirements of this standard and all relevant regulations issued by DOH. DOH may impose sanctions in relation to any breach of requirements under this standard in accordance with the Healthcare Sector Disciplinary Regulation.
- 6.2 DOH may limit, revoke, or suspend the clinical privileges of specific NSCP(s) for healthcare professionals in situations where patient safety is deemed to be compromised.

7. References

No.	Reference Last Accessed Date	Reference Name	Publication Links
1	July 2023	United Arab Emirates. Federal Law No. 8 of 2019 on Medical Products, Pharmacy Profession and Pharmaceutical Establishments	Arabic version https://www.DOH.gov.ae/ar/about/law-and-legislations English version https://mohap.gov.ae/en/about-us/legal-references
2	June 2023	United Arab Emirates. Ministerial Resolution No. (1448) of 2017 on Adoption of Code of Ethics and Professional Conduct for Health Professionals.	Arabic version https://www.DOH.gov.ae/ar/about/law-and-legislations English version https://mohap.gov.ae/en/about-us/legal-references
3	June 2023	United Arab Emirates. Ministerial Resolution No. (14) of 2021 on the Patient's Rights & Responsibilities Charter.	Arabic version https://www.DOH.gov.ae/ar/about/law-and-legislations English version https://mohap.gov.ae/en/about-us/legal-references
4	June 2023	United Arab Emirates. Federal Decree-Law No. (4) of 2016 on Medical Liability	Arabic version https://www.DOH.gov.ae/ar/about/law-and-legislations English version https://mohap.gov.ae/en/about-us/legal-references
5	June 2023	Standard for Clinical Privileging of Healthcare Workforce and Clinical Services. DOH/HCWS/SD/CLNPRVLG-CS/2, Version 2.	https://www.DOH.gov.ae/en/resources/standards
6	June 2023	Department of Health – Abu Dhabi, 2023. Guidelines for Standard Treatment Guidelines. DOH/GL/STG/V1	https://www.DOH.gov.ae/en/resources/guidelines
7	August 2023	Department of Health – Abu Dhabi, 2020. DOH Standard on Patient Healthcare Data Privacy. DOH/SD/SS/PHDP/0.9	https://www.DOH.gov.ae/en/resources/standards
8	July 2023	Medical Board of Australia, 2023. Guidelines for registered medical practitioners who perform cosmetic medical and surgical procedures.	https://www.ahpra.gov.au/documents/default.aspx?record=WD23%2F32712&dbid=AP&checksum=jvtu2aCeCdCAJ8iyv2HLoA%3D%3D
9	August 2023	Department of Health – Abu Dhabi, 2023. Standard On Medical Device Reporting (MDR). DOH/PVE/SD/MDR/V1	https://www.DOH.gov.ae/en/resources/standards
10	June 2023	Department of Health – Abu Dhabi, 2022. Scope Of Practice for Dermatologist. DOH/SOP/DERMA/V1	https://www.DOH.gov.ae/en/resources/guidelines

11	June 2023	Dubai Healthcare City Authority. 2019. DHCR Licensure Requirements For General Aesthetic Medicine. GL/HCP/047/02	https://dhcc.ae/gallery/327.%20DHCR%20Licensing%20Requirements%20for%20General%20Aesthetic%20Medicine%20v2.pdf
12	June 2023	STANDARDS FOR NON-SURGICAL COSMETIC PROCEDURES .SD/HCO/007/03	https://dhcc.ae/gallery/Standards%20for%20Non-Surgical%20Cosmetic%20Procedures.pdf
13	June 2023	European Committee for Standardization. 2016. Aesthetic medicine services - non-surgical medical treatments. ICS 03.080.99; 11.020.	https://www.aemh.org/images/AEMH_documents/2016/AEMH16-005_Draft_Aesthetic_medicine_services_non-surgical_Jan_2016.pdf
14	June 2023	The Royal College of Physicians and Surgeons of Canada. 2019 Plastic Surgery Competencies 2020 Version 1.	https://www.royalcollege.ca/content/dam/documents/ibd/plastic-surgery/plastic-surgery-competencies-e.pdf
15	June 2023	Cosmetic Practice Standard Authority CPSA. n.d. CPSA Clinical and Practice Standards.	http://www.cosmeticstandards.org.uk/uploads/1/0/6/2/106271141/20180303_cpsa_overarching_principles_final.pdf
16	June 2023	Health Education England, 2015. Part one: qualification requirements for delivery of cosmetic procedures: non-surgical cosmetic interventions and hair restoration surgery.	https://www.hee.nhs.uk/our-work/non-surgical-cosmetic-procedures
17	June 2023	Health Education England, 2015. Part two: report on implementation of qualification requirements for cosmetic procedures: non-surgical cosmetic interventions and hair restoration surgery.	https://www.hee.nhs.uk/our-work/non-surgical-cosmetic-procedures
18	June 2023	Unified Healthcare Professional Qualification Requirements, 2022, 3rd Version. United Arab Emirates.	https://www.DOH.gov.ae/en/pqr
19	September 2023	Department of Health and Social Care. Open consultation. 2023. The licensing of non-surgical cosmetic procedures in England.	https://www.gov.uk/government/consultations/licensing-of-non-surgical-cosmetic-procedures/the-licensing-of-
20	October 2023	Health Education England, 2014. Review of Qualifications Required for Delivery of Non-Surgical Cosmetic Interventions.	https://www.hee.nhs.uk/our-work/non-surgical-cosmetic-procedures
21	October 2023	QAA, 2014. UK Quality Code for Higher Education. Part A: Setting and Maintaining Academic Standards. The Frameworks for Higher Education Qualifications of UK Degree-Awarding Bodies.	https://www.qaa.ac.uk/docs/qaa/quality-code/qualifications-frameworks.pdf
22	October 2023	OTHM 2021. OTHM Level 7 Certificate & Diploma in Clinical Aesthetic Injectable Therapies. Updated January 2023.	https://othm.org.uk/qualification/othm-level-7-clinical-aesthetic-injectable-therapies#:~:text=The%20OTHM%20Level%20Diploma,JCCP%20Register%20of%20Approved%20Qualifications

23	October 2023	The Royal Australian and New Zealand College of Ophthalmologists, 2022. Oculoplastic and Orbit Curriculum Standard.	https://ranzco.edu/wp-content/uploads/2022/02/Oculoplastic-Curriculum-Standard.pdf
24	October 2023	National Qualifications Authority (NQA), 2012. Qualifications Framework for the Emirates Handbook. National Qualifications Authority, Abu Dhabi, United Arab Emirates.	https://www.nqc.gov.ae/en/our-responsibility/qualifications-framework-department/national-qualifications-framework-handbook.aspx
25	January 2024	National Institute for Health Specialties. [online].	https://nihs.uaeu.ac.ae/en/index.shtml

8. Appendices

Appendix 1:

Non-surgical Cosmetic Procedures and the Privileging Requirements to perform them.

Supplementary Table 1: List of Non-surgical Cosmetic Procedures and their definitions[‡]

No.	Term / Abbreviation	Definition
1.	Carboxytherapy	The use of small injections with a thin needle attached to a tube, which deliver lesser amounts of medical-grade carbon dioxide underneath the sub-dermal layer, in controlled conditions. "Also referred to as "carbon dioxide therapy."
2.	Cosmetic Botulinum toxin (BTX) injection	injection of botulinum toxin (A) into a certain area to relax the muscles there and prevent them from moving for a limited time through blocking neural signals.
3.	Cosmetic Cryotherapy	the use of cold temperatures for cosmetic treatments of the skin.
4.	Dermal Fillers	The use of medical device soft tissue implants for cosmetic treatment to create a smoother or fuller appearance of a body area.
5.	Injection lipolysis	Injection of drug mixtures aimed at chemically destroying fat cells and reducing their number around the injection site.
6.	Mesotherapy	Injections of vitamins, enzymes, hormones, plant extracts, or other bioactive substances to rejuvenate and tighten skin, as well as destroy fat cells.
7.	Micro-needling	A minimally invasive procedure that uses thin needles to puncture the top layer of skin with or without the delivery of radiofrequency (RF) for cosmetic purposes.
8.	Non-Invasive Body Sculpting (Contouring)	A non-surgical procedure that changes the shape of an area using certain devices without removing any tissue (fat or skin).
9.	Non-invasive Fat Reduction	A nonsurgical fat reduction procedure that utilizes technology to heat, cool, or inject medications to reduce fat cells.
10.	Non-surgical Skin Tightening	A nonsurgical procedure that uses targeted energy to heat deeper layers of the skin, which stimulates collagen and elastin production to improve skin tone and texture.
11.	Platelet Rich Plasma (PRP) Injection	Injection of Plasma concentrated in platelets, (centrifuged from patient's own blood), to trigger cell reproduction and stimulate tissue regeneration or healing in the treated area.
12.	Dermal Threads	Placing medical-grade threads under the skin for aesthetics and anti-ageing treatments, such as skin lift or skin sagging, and stimulate collagen production.
13.	Focalized Ultrasound	A high-intensity focused ultrasound (HIFU) cosmetic treatment for skin tightening.
14.	Intense Pulsed Light (IPL) treatment	A non-invasive, non-ablative treatment that uses high-intensity pulses of visible light to treat skin problems.
15.	Non-ablative Laser Treatments	The use of precisely focused light sources to treat skin problems by creating heat in the skin's deep layers without injuring the surface of the skin.
16.	Light Emitting Diode (LED) Treatment	A non-invasive treatment that enters light energy into the skin's layers to stimulate reactions within the skin.

[‡]This list is not exhaustive; any procedure meeting the definition of NSCP in this standard is a non-surgical procedure; otherwise, it is considered a surgical procedure.

Supplementary Table 2: NSCPs and the privileging requirements for every healthcare professional group¹³

Non-surgical Cosmetic Procedures	Dermatologist	Plastic Surgeon	Ophthalmic Plastic and Reconstructive Surgeon	Specialized physician ^a & GP	Specialty Dentist	Aesthetician
Carboxytherapy	√ [^]	√ [^]	√ [^]	X	X	X
Cosmetic Botulinum toxin injection	√ [^]	√ ^e	√ ^e	√ [^] # (GP Face only*)	(Face only*) √ [^] #	X
Cosmetic Cryotherapy	√ ^e	√ [^]	√ [^]	√ [^] #	X	X
Dermal Fillers	√ [^]	√ [^]	√ [^]	√ [^] # (GP Face only*)	(Face only*) √ [^] #	X
Injection lipolysis	√ [^]	√ [^]	√ [^]	√ [^] #	X	X
Mesotherapy	√ ^e	√ [^]	√ [^]	√ [^] #	X	X
Micro-needling	√ ^e	√ [^]	√ [^]	√ [^] #	X	X
Non-Invasive Body Sculpting	√ [^]	√ [^]	X	√ [^] #	X	X
Non-invasive Fat Reduction	√ [^]	√ [^]	X	√ [^] #	X	X
Non-surgical Skin Tightening	√ [^]	√ [^]	√ [^]	√ [^] #	X	X
Platelet Rich Plasma (PRP) Injection	√ [^]	√ [^]	√ [^]	√ [^] #	X	X
Dermal Threads	√ [^]	√ [^]	√ [^]	(Specialized Surgeons Only) ^a √ [^] #	X	X
Focalized Ultrasound	√ [^]	√ [^]	√ [^]	√ [^] #	X	√Under supervision [^]
Intense Pulsed Light (IPL) treatment	√ ^e	√ ^e	√ [^]	√ [^] #	X	√Under supervision [^]
Laser Treatment	√ [^]	√ [^]	√ [^]	√ [^] #	X	√Under supervision [^]
Light Emitting Diode (LED) Treatment	√ ^e	√ ^e	√ [^]	√ [^] #	X	√Under supervision [^]

¹ This is a non-exclusive list. Any procedure meeting the definition of NSCP in this standard and not listed above requires the procedure to be within the healthcare professional's scope of specialty, and the healthcare professional must complete an accredited training program and a supervised practice, be privileged to perform the NSCP, and obtain DOH permission as per this standard.

Legend:

^a: May perform the permitted procedures in anatomical areas within their DOH licensed title's scope only.

√^e: Requires experience in procedure and training on device (when applicable).

√[^]: Requires either having the NSCP part of the post-graduate training curriculum or completion of a post-graduate training in the NSCP.

√[^] #: Requires completion of Accredited Advanced Post-Graduate Training Program that includes the NSCP within its curriculum. ¹³

*: NSCP may be performed in the face only excluding the nose and eyes, and only after having the required training.

(√Under supervision[^]): Requires completion of advanced post-graduate training and may only be performed under supervision of a licensed specialist or consultant physician privileged to perform the intended NSCP.

X: May not perform the procedure.

¹³ OTHM 2021. OTHM Level 7 Certificate & Diploma in Clinical Aesthetic Injectable Therapies. Updated January 2023.

Appendix 2:

Form 1: Permission Checklist Form to be submitted for DOH Permission

Non-Surgical Cosmetic Procedure (NSCP):		Date:		
Full Name:				
Emirates ID Number (or Passport Number if EID is pending):				
DOH License Number and Title:				
Non-Surgical Cosmetic Procedure (NSCP) to be privileged:				
1-		3-		
2-		4-		
		YES*	NO	NOT APPLICABLE
Experience	Does the professional have experience in the intended NSCP with a logbook of a minimum of 20 procedures performed independently? (If yes, submit evidence of experience with this form)			
	Does the professional have a minimum of 1-year duration experience performing the intended NSCP? (Independently or under supervision training)			
	The professional does not have a gap in practicing the intended NSCP that exceeds 2 years?			
Education & Training	Is the intended NSCP included in the post-graduate training curriculum of the current licensed title? (If yes, submit evidence with this form)			
	Evidence of advanced post-graduate training program completion that included the NSCP?			
	Is the post-graduate training program accredited by an accreditation body where the program was held?			
	Was the NSCP procedure performed under supervision during the training program?			
	Was the NSCP procedure performed independently during the training program?			
	Logbook of the NSCP performed independently available?			
	If the NSCP requires specific equipment (Such as energy-based procedures), is there a certificate of training completion by the equipment manufacturer or authorized trainer?			
Privileging Body & Facility	Has the Privileging Body that is privileging the above stated NSCP included a physician licensed as a Dermatology or Plastic Surgery Consultant or a consultant physician in the same specialty trained and privileged in the intended NSCP as one of its members?			
	Does the healthcare facility where the physician will be privileged to perform NSCP at fulfill the DOH Non-surgical Cosmetic Procedures Standard requirements?			
Other Comments				

**Ensure evidence for each 'YES' checked requirement is submitted with the form.*